

Guitar Learning - Motivation

by www.hpcrazy.com

It's a long way to get from absolute beginner to advanced - semi-professional or even professional guitarist. From my experience as a teacher but also as a pupil or student I know that often and only too gladly one wants to learn everything as fast as possible. This has a very positive effect especially at the beginning of your guitar studies and helps you over the first few months where you really have to fight for success. I have often experienced that many people were very motivated at first and then suddenly lost their motivation and performance because the success did not come as hoped for or because the successes after the first big start - Boost suddenly came in smaller and smaller steps and over longer and longer periods of time. In these critical moments I have often seen talented and good people who then decreased and finally gave up because the motivation was simply not enough to continue the guitaristic way.

Such phases occur again and again with every guitarist, and at different points in their development. Depending on the personality structure of the individual, this is quite delicate, as one then tends to give up or neglect the matter to such an extent that it is only a matter of time until one hardly plays anymore.

But how do you manage to maintain your own motivation over a long period of time?

In principle, you have to see guitar playing or the development of personal guitar playing as a kind of long-distance run. In the beginning you run like crazy and about after the 3rd ascent you are suddenly so tired that you want to stop or even stop. If you think about how far away the goal is, you will give up completely. But if you just try to take the next step after a break and enjoy it, you will go on and experience phases again where everything goes by itself.

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In practice, it looks like that in the perception of the existence, the simple minimum (eg 10 min.) To the acceptance or the simple just to play and wait until the motivation and perception to practice and play heard again. You have always tried to get new impulses in your own game, that the effect "I only play the same thing in the frame. With new material, you always have to try to incorporate the newly learned things into the current game. If the new material is heard, you can also combine it or only incorporate parts of it into the current game. This time you might find the whole section interesting to include in the game. But if you think right at the beginning: "I can never do it" or "it will take forever" then the motivation to suffer can be part of giving up.

These instructions were perhaps more philosophical than technical. But one shouldn't forget that music also has a lot to do with life itself. Many great musical works have emerged from the lives and circumstances of the composers and not from a music theory book.

In addition, of course, I also speak from my personal experience. In my development to the guitarist that I am today, I also went through all phases, even those where I wanted to head through the wall, where I wanted to throw everything out in frustration, where I never thought I could make it, where I simply couldn't do it. Fancy the guitar more. My belief that one day everything would be better has also evaporated. It may surprise some people, but sometimes I still have the feeling today that I can't and never will. Only with the inner change that I have described above, is it mostly possible for me today to just enjoy playing the guitar, which is ultimately what the whole thing is about.

For all those who might want to take up guitar as a profession:

My teacher always told me that it takes 15 years to master the guitar and not one, which is what you hope for when you study guitar as a profession. I never wanted to believe him, just like he never wanted to believe his teacher. Today I know that it actually takes 15 years!